



Organic pasta with organic pesto rosso



Preparation time: 15 min.
Degree of Difficulty: easy

Makes four servings:

500 g organic noodles of your choice
230 g organic tomatoes, dried, in oil
75 g organic cashew nuts, salted
1 clove of organic garlic
5 tbsp. organic olive oil
4 tbsp. Bioreal Organic Nutritional Yeast Flakes
1 tbsp. organic basil, fresh or deep-frozen
20 g organic sunflower seeds (optional)
salt (optional)



Preparation:



- 1 Cook the pasta until "al dente".
- 2 In the meantime, drain the sun-dried tomatoes and pour into a tall, narrow container.
- 3 Add the remaining ingredients and puree with a hand blender.
- 4 Mix the pesto with the hot pasta and serve.